



Providing Excellence in Education and Care Since 1985

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VISITING LILLIPUT FOR THE FIRST TIME WITH YOUR CHILD

If you are worried about your child separating from you when they attend preschool for the first time, you are welcome to visit us prior to our Open House in the Fall.

- Call the school: 508-842-0430 to schedule your visit.
- Plan to spend 20-30 minutes in the classroom, bring your child's backpack, a filled water bottle and snack so they can join the class in "snack time" in case the class is having snack when you visit.
- If your child clings to you, encourage them to explore, try projects and play with friends.
- If your child becomes engaged with the toys, that is a good sign that your child will be successful coming without you.
- If your child separates from you naturally, step back and let them play without you.
- After playing in the classroom help your child to put away the toys they used.
- Take your child outside to the playground and encourage them to play.
- Once your child separates from you, you will not need to come again until Open house which will be the week before school starts.
- If your child does not separate from you and play, make an appointment to come again.
- When visiting be sure to stay back/sit in the corner of the room so your child will need to separate from you to engage in the fun.
- Talk to your child and explain that the teacher will help them with anything they need while at school.
- Remind them that Mom and Dad always come back and will pick them up every day when school is over.
- Practice your "separating muscles" by using a babysitter or dropping your child off for a play date at a trusted friend or relative's house. This will build your child's confidence that you will return after they have fun.
- Please leave siblings at home so the child being introduced can adjust independently.
- Never, sneak out of the class when they start to engage. Always tell your child something like, "I'm leaving now, see you at the end of class, I love you goodbye"
- If your child then cries, and clings do not negotiate with them. Simply state, it is time for you to go to school I will see you when its over. I love you, goodbye.

Some good resources for helping your child:

- Youtube video: Daniel Tiger, "Grownups Come Back" there is an episode and a song.

- Good Books:

- 1) *"The Kissing Hand"* By: Leak & Harper
- 2) *"Arthur Goes to School."* By: Brown
- 3) *"What to Expect at Preschool?"* By: Murkoff
- 4) Daniel tiger *"Grown ups come back"*
- 5) *"Llama Llama misses mamma"* BY: Anna Dewdney

We are here to support you through this journey.